

## YOU2.O in Christ declarations



**I am faithful** (Ephesians 1:1).

**I am God's child** (John 1:12).

**I have been justified** (Romans 5:1).

**I am Christ's friend** (John 15:15).

**I belong to God** (1 Corinthians 6:20).

**I am a member of Christ's Body** (1 Corinthians 12:27).

**I am assured all things work together for good** (Romans 8:28)

**I have been established, anointed and sealed by God** (2 Corinthians 1:21-22).

**I am confident that God will perfect the work He has begun in me**

(Philippians 1:6).

**I am a citizen of heaven** (Philippians 3:20).

**I am hidden with Christ in God** (Colossians 3:3).

**I have not been given a spirit of fear, but of power, love and self-discipline**

(2 Timothy 1:7).

**I am born of God and the evil one cannot touch me** (1 John 5:18).

**I am blessed in the heavenly realms with every spiritual blessing** (Ephesians 1:3).

**I am chosen before the creation of the world** (Ephesians 1:4, 11).

**I am holy and blameless** (Ephesians 1:4).

**I am adopted as his child** (Ephesians 1:5).

**I am given God's glorious grace lavishly and without restriction** (Ephesians 1:5,8).

**I am in Him** (Ephesians 1:7; 1 Corinthians 1:30).

**I have redemption** (Ephesians 1:8).

**I am forgiven** (Ephesians 1:8; Colossians 1:14).

**I have purpose** (Ephesians 1:9 & 3:11).

**I have hope** (Ephesians 1:12).

**I am included** (Ephesians 1:13).

**I am sealed with the promised Holy Spirit** (Ephesians 1:13).

**I am a saint** (Ephesians 1:18).

**I am the salt and light of the earth** (Matthew 5:13-14).

**I have been chosen and God desires me to bear fruit** (John 15:1,5).

**I am a personal witness of Jesus Christ** (Acts 1:8).

**I am God's co-worker** (2 Corinthians 6:1).

**I am a minister of reconciliation** (2 Corinthians 5:17-20).

**I am alive with Christ** (Ephesians 2:5).

**I am raised up with Christ** (Ephesians 2:6; Colossians 2:12).

**I am seated with Christ in the heavenly realms** (Ephesians 2:6).

**I have been shown the incomparable riches of God's grace** (Ephesians 2:7).

**God has expressed His kindness to me** (Ephesians 2:7).  
**I am God's workmanship** (Ephesians 2:10).  
**I have been brought near to God through Christ's blood** (Ephesians 2:13).  
**I have peace** (Ephesians 2:14).  
**I have access to the Father** (Ephesians 2:18).  
**I am a member of God's household** (Ephesians 2:19).  
**I am secure** (Ephesians 2:20).  
**I am a holy temple** (Ephesians 2:21; 1 Corinthians 6:19).  
**I am a dwelling for the Holy Spirit** (Ephesians 2:22).  
**I share in the promise of Christ Jesus** (Ephesians 3:6).  
**God's power works through me** (Ephesians 3:7).  
**I can approach God with freedom and confidence** (Ephesians 3:12).  
**I know there is a purpose for my sufferings** (Ephesians 3:13).  
**I can grasp how wide, long, high and deep Christ's love is** (Ephesians 3:18).  
**I am completed by God** (Ephesians 3:19).  
**I can bring glory to God** (Ephesians 3:21).  
**I have been called** (Ephesians 4:1; 2 Timothy 1:9).  
**I can be humble, gentle, patient and lovingly tolerant of others** (Ephesians 4:2).  
**I can mature spiritually** (Ephesians 4:15).  
**I can be certain of God's truths** (Ephesians 4:17).  
**I can have a new attitude and a new lifestyle** (Ephesians 4:21-32).  
**I can be kind and compassionate to others** (Ephesians 4:32).  
**I can forgive others** (Ephesians 4:32).  
**I can exhibit goodness, righteousness and truth** (Ephesians 5:8-9).  
**I can understand what God's will is** (Ephesians 5:17).  
**I can give thanks for everything** (Ephesians 5:20).  
**I don't have to always have my own agenda** (Ephesians 5:21).  
**I can honour God through marriage** (Ephesians 5:22-33).  
**I can parent my children with composure** (Ephesians 6:4).  
**I can be strong** (Ephesians 6:10).  
**I have God's power** (Ephesians 6:10).  
**I can stand firm in the day of evil** (Ephesians 6:13).  
**I am dead to sin** (Romans 1:12).  
**I am not alone** (Hebrews 13:5).  
**I am growing** (Colossians 2:7).  
**I am His disciple** (John 13:15).  
**I am prayed for by Jesus Christ** (John 17:20-23).  
**I am united with other believers** (John 17:20-23).  
**I am not in want** (Philippians 4:19).  
**I possess the mind of Christ** (1 Corinthians 2:16).  
**I am promised eternal life** (John 6:47).  
**I am promised a full life** (John 10:10).

**My heart and mind is protected with God's peace** (Philippians 4:7).

**I am chosen and dearly loved** (Colossians 3:12).

**I am blameless** (I Corinthians 1:8).

**I am set free** (Romans 8:2; John 8:32).

**I am crucified with Christ** (Galatians 2:20).

**I am a light in the world** (Matthew 5:14).

**I am more than a conqueror** (Romans 8:37).

**I am the righteousness of God** (2 Corinthians 5:21).

**I am safe** (I John 5:18).

**I am part of God's kingdom** (Revelation 1:6).

**I am healed from sin** (I Peter 2:24).

**I am no longer condemned** (Romans 8:1, 2).

**I am not helpless** (Philippians 4:13).

**I am overcoming** (I John 4:4).

**I am persevering** (Philippians 3:14).

**I am protected** (John 10:28).

**I am born again** (I Peter 1:23).

**I am a new creation** (2 Corinthians 5:17).

**I am delivered** (Colossians 1:13).

**I am redeemed from the curse of the law** (Galatians 3:13).

**I am qualified to share in His inheritance** (Colossians 1:12).

**I am victorious** (I Corinthians 15:57, I John 5:4).